

# ***Continuing Education***

## ***What Teens Can't Tell You: the Hidden Truths of Teen Dating Violence***

This presentation will give childcare providers an overview of the teen dating violence problem and provide tips for understanding its origin and practical ways to empower the victim.

- Relate the issue to teen dating violence to lack of appropriate boundaries & self worth
- Identify characteristics of a healthy relationship and warning signs of an unhealthy relationship
- Demonstrate understanding of the difference between flattery and unhealthy attention
- Develop a list of resources for teens who are victim to dating violence.

## ***BEHAVING YOUR WAY TO SUCCESSFUL CAREGIVING***

Is caring for children and their families your life's call or an important stepping stone to your next endeavor? Regardless of your response, if you want to be a success you have to behave accordingly. Successful people know how to maximize each moment and put their best foot forward. They are not complacent and just biding time; they are caring and passionate about what they do because they know that every interaction counts. When you start to "behave" correctly success follows.

1. The attributes of highly successful people will be discussed
2. Participants will learn how to position his/herself for success
3. Learn the importance of staying focused
4. And obstacles that impede growth

## ***FAMILY VIOLENCE – THE IMPACT ON YOUTH AND SOCIETY***

Although violence in the family typically occurs behind closed doors, the ramifications for how a member of a violent family will engage his/her environment is a societal problem. This workshop will focus on both the state of family violence in America and the challenges inherent in assessing and treating youth that are exposed to this type of trauma. The goal is to educate professionals on the complex issues associated with family violence, and to broaden his/her knowledge base in multiple areas, including best practices for the treatment of trauma, and secondary trauma (taking care of you).

1. This seminar will outline the effects of trauma on children both emotionally and physically (how does the brain processes trauma).
2. Participants will learn how to best assist traumatized youth and their families.

## ***VICARIOUS TRAMATIZATION: TAKING CARE OF THE CAREGIVER***

Working with victims of trauma is important work that can be rewarding and challenging for the helper. Often staff members are affected and changed by working with victims of trauma but take little time to understand the impact on their own mental wellness. Organizations and workers who want to remain effective need to understand the impact of the work on them. Properly addressing this issue can lead to increased effectiveness, decreased burn-out, self-growth, and satisfaction.

1. This seminar will outline how ignoring the impact of working with traumatized people can have the potential to harm workers, clients, and the organizations for which they work.
2. Participants will learn how to address this issue and increase job satisfaction.

## ***FAMILY SUBSTANCE ABUSE: EFFECTS ON CHILDREN***

Drug and alcohol abuse is a large problem in our world. However, it is an even bigger problem for the children who are being raised by alcoholic or drug using parents/guardians. These children have to endure a family life that is often unpredictable and chaotic which can lead to many problems later in life. Research indicates that families that suffer with substance abuse are more at-risk for domestic violence, sexual and emotional abuse, mental illness, and divorce than families without a history of substance abuse. Likewise the mental health of these children can be greatly affected with some suffering from depression and/or anxiety. This training will outline effective ways to intervene and care for the children of these families.

**Book Dr. Celeste today!**

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